

Pre-K Year-Long Scope & Sequence

BASED ON TEXAS PREKINDERGARTEN GUIDELINES

TARGET AGE: 4–5 YEARS OLD









FORMAT: 36 WEEKS (9 MONTHS X 4 WEEKS)

Monthly Themes Overview

Month	Theme	Seasonal Focus
August/Sept	All About Me & My Family	Back to School, Self
October	Fall & Community Helpers	Safety, Fire Prevention
November	Food & Gratitude	Thanksgiving, Nutrition
December	Holidays Around the World	Traditions, Weather
January	Winter & Animals	Hibernation, Arctic
February	Friendship & Feelings	Kindness, Emotions
March	Spring & Plant Life	Gardening, Growth
April	Earth & Space	Environment, Recycling
May	Ocean & Summer Safety	Water, Vacation Prep

Weekly Breakdown by Domain (Example Format)

Each week includes focus from the following domains:

-  Social & Emotional Development
-  Language & Communication
-  Emergent Literacy (Reading/Writing)
-  Math
-  Science
-  Social Studies
-  Fine Arts
-  Physical Development




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 Technology

 English Language Development (if applicable)

Sample Monthly Scope & Sequence Detail

 *August/September – Theme: All About Me*

Week	Focus	Objectives (abbreviated)
1	My Name & Body	Identify body parts, write/trace name, label drawings
2	Emotions	Name feelings, match facial expressions, express needs verbally
3	My Family	Draw family portrait, describe family members, roles
4	Routines & Rules	Follow routines, use manners, clean up after self

Math: Counting up to 5, recognizing shapes

Literacy: Recognizing first letter of name, letter A-B

Science: Senses and body exploration

Social Studies: Family roles and home/school rules

Fine Arts: Finger painting, family collage

Motor Skills: Hop, jump, trace lines and curves

Repeat Structure Monthly with themed adaptations:

 **October – Theme: Fall & Helpers**

- Fire safety drills (social/emotional)
- Leaf sorting (science + math)
- Visit from community helper or virtual video
- Letters C–F, numbers 1–10

 **November – Theme: Food & Gratitude**



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- Thanksgiving and harvest
- Food groups and healthy choices
- Sharing and gratitude journaling
- Letters G–J, counting to 15

December – Theme: Holidays Around the World

- Holidays celebrated globally
- Weather and clothing changes
- Rhyming and songs

(...continue in this pattern through May...)

By Year-End Goals (Aligned with Guidelines)

- Count to 20+
- Recognize and name all letters
- Write first name independently
- Follow multi-step instructions
- Retell simple stories
- Demonstrate basic empathy
- Use tools safely and appropriately
- Identify shapes, colors, and patterns
- Show growth in fine and gross motor control
- Letters K–M, sequencing events

